



# REUNION ISLAND

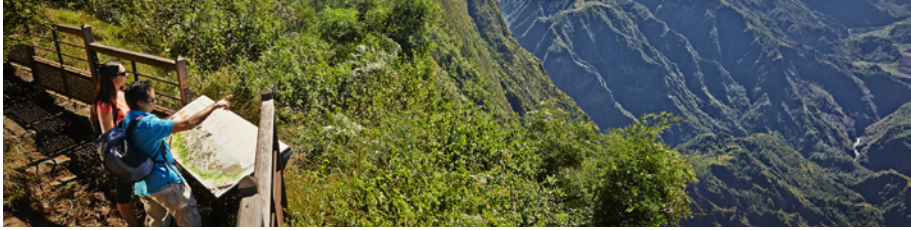


*Hiking*  
running or flying  
**you'll love it!**



E njoy an unforgettable experience in the heart of the Indian Ocean while hiking, running, climbing or flying: please note – thrills await you!





## FEEL LIKE HIKING AND EXPLORING AT YOUR OWN PACE?

With its volcano and three cirques, Reunion offers a multitude of hiking options at any pace, whatever your level. Plan a family hike on the east coastal path where you can discover all the imagination of the turbulent nature of our island used to shape these jagged black lava shores; or wander the west coast path where the calm of a coral lagoon alternates with the “blowers”, these powerful sea water jets that rise up, trapped within the volcanic rock.

And if you're tempted by longer walks, don't hesitate to get up close and personal with the massive walls that border the three cirques of Salazie, Cilaos and Mafate and discover all the “islets\*” dotting the tortured landscape of these mountainous basins

born from the erosion and collapse of the walls of the Piton des Neiges.

Or maybe you'd prefer a descent within the confines of the Piton de la Fournaise and its arid nature marked by successive eruptions.

A total of 900 km of marked trails and 1000 km of coastal paths await walkers, recreation or elite athletes discovering the area on foot or by mountain bike.

\**Islet* : name for a small plateau or village it contains in one of Reunion's cirques.





## LOOKING FOR INTERNATIONAL RACES?

Each year, in late October, Reunion plays host to one of the stages in the Ultra Trail World Tour: the Grand Raid, also called the “Diagonal of the Crazyies” for the difficulty of its route (ranked among the 15 toughest in the world); ultra-trail runners or “crazyies” who take part are among the world’s leading sportsmen and women; and in their wake, you’ll find all those passionate about mountain racing and the incredible challenge this test of more than 160 km and more than

10 000 vertical metres represents! And if the test seems a little above your fitness level, you can always try the “Bourbon Trail” with its 92 km, and the “Mascarene”, 67 km in length. Whatever your choice, you’ll be passing through nature and landscapes found nowhere else in the world!

And if your trip to Reunion is scheduled at another time of the year, there’s sure to be a mountain race that awaits you – just ask!





## FEEL LIKE FLYING?

Reunion Island is even more amazing viewed from above.

Thrill seekers will revel in paragliding, parafoil, paramotor or parachuting at one of the best free-flying sites in the “Heights” of St Leu for a flight “from the mountain tops to the pounding waves\*” to Kélonia, the marine turtle observatory.

Or maybe you'll be tempted by the unforgettable experience of a flight over the island by helicopter or microlight above the cirques and their sheer walls, waterfalls that flow into emerald pools, the Piton

des Neiges that dominates Reunion from a height of 3071 metres, the Piton de la Fournaise massif, one of the most active volcanoes in the world, or the lagoon with its transparent waters.

*“From the pounding waves to the mountain tops”* was the term applied to the territorial concessions granted by the East India Company to the settlers of Reunion Island.







## FEEL LIKE DIVING IN WHITE WATER?

Reunion has countless waterfalls, rivers and pools that are all great playgrounds for lovers of white water sports: you can descend by airboat or canoeraft, unless you prefer the joys of kayak jumping or water trekking? The only condition: being able to swim!

All these activities are open to everyone; only the chosen sites and the length

of the courses are of varying difficulty. State-accredited guides and instructors will look after your safety while explaining the mysteries of Reunion's geology and nature. For maximum enjoyment, choose a trip to Reunion during the southern summer from November to March, a period when rainfall is most suitable for practising these types of activities.





## WANT TO DISCOVER A TRULY UNIQUE BIODIVERSITY?

The geology, flora and fauna of Reunion are unique in the world, and a large part of the island has been a UNESCO World Heritage Site since 2010. This covers the heart of Reunion's National Park, home to 94% of the island's biodiversity and more than 4/5 of the Mascarenes\*.

Take a walk with a local "péi" guide to discover all the island's secrets, then lunch in a guest house or walk the lava tunnels born from the last eruption, coming out under the magical light of the moon to share the stories and legends passed down from generation to generation by the people of

Reunion... Or perhaps, if it's raining, you could visit the new Volcano City, at the foot of the Massif de la Fournaise, which takes all ages with equal pleasure on a journey to the centre of the earth.

*\*The Mascarenes* are an Indian Ocean archipelago consisting of three main islands, Reunion, Mauritius and Rodrigues, along with the Agalega and St Brandon islets.



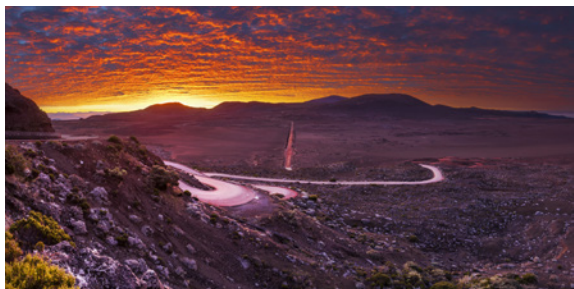
Whatever your heart desires, Reunion and its inhabitants with their generous and genuine hospitality will open their doors to what looks remarkably like paradise!

Tour operators specialising in hiking, trail running and running, all partners of Reunion Island Tourism, offer a variety of stays.



Find these deals at  
**reunion.fr**

Information, bookings and accessibility of trails: [www.resa.reunion.fr](http://www.resa.reunion.fr)



# REUNION ISLAND Tourism Board

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# DISCOVER THE MANY FACETS OF REUNION ISLAND

Live, feel and move to the rhythm of Reunion Island with our 360-degree video  
that takes you to the heart of the action



U.S.  
per Réunion  
interlingua  
language



Download the new  
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